

An aerial photograph of a tropical coastline. The top half shows a vast, clear turquoise sea under a bright sky. Below the sea is a dense, lush green forest covering a hillside. At the base of the forest is a wide, white sandy beach. The water's edge is marked by gentle waves and white foam. On the right side of the beach, there are several small, rustic huts with thatched roofs, surrounded by palm trees and other tropical vegetation. The overall scene is serene and idyllic.

# EXPERIENCES

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casa chablé

SIAN KA'AN RESERVE - SOUTH OF TULUM

## TABLE OF CONTENT

---

2 / SPA Menu

8 / Wellness Activities

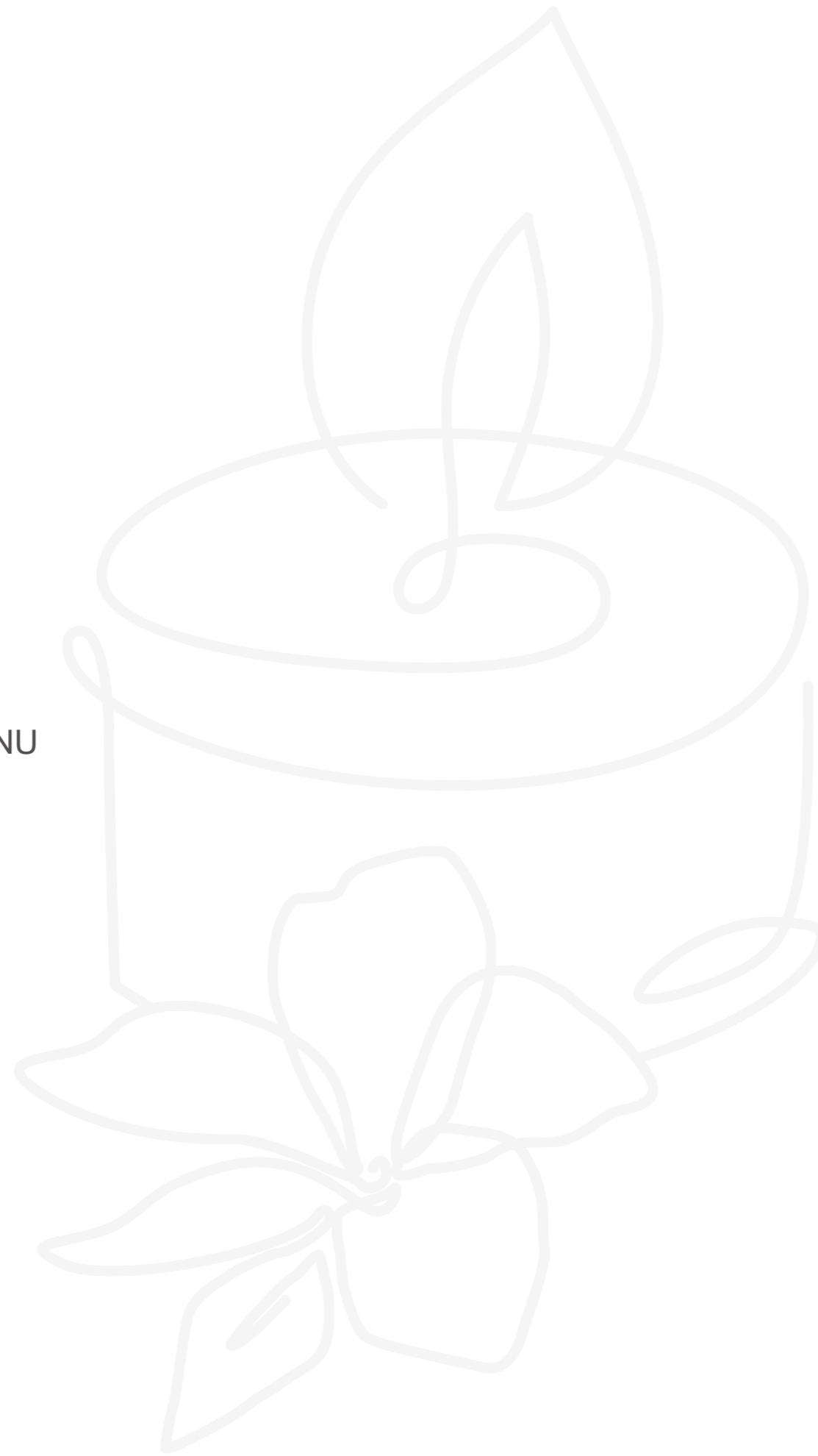
32 / Water Activities

36 / Culinary Experiences

49 / Cancellation Policy



## SPA MENU



The Cabin by the sea offers authentic traditional Mayan techniques that balance the mind, body, and spirit. Our expert therapists use natural and organic products for a transformative experience, while the beautiful ocean views enhance your visit. Come and experience traditional Mayan wellness at Casa Chable



## MASSAGE CASA LAGOON CHABLÉ

Bring your body to perfect balance, reconnect with the elements, regain your energy equilibrium and heal your body with a massage that combines ancient techniques and the use of universal energy to align the “chakras”, the perfect combination of balance and relaxation.

**Duration:** 90 min.

**Price:** 270 USD.



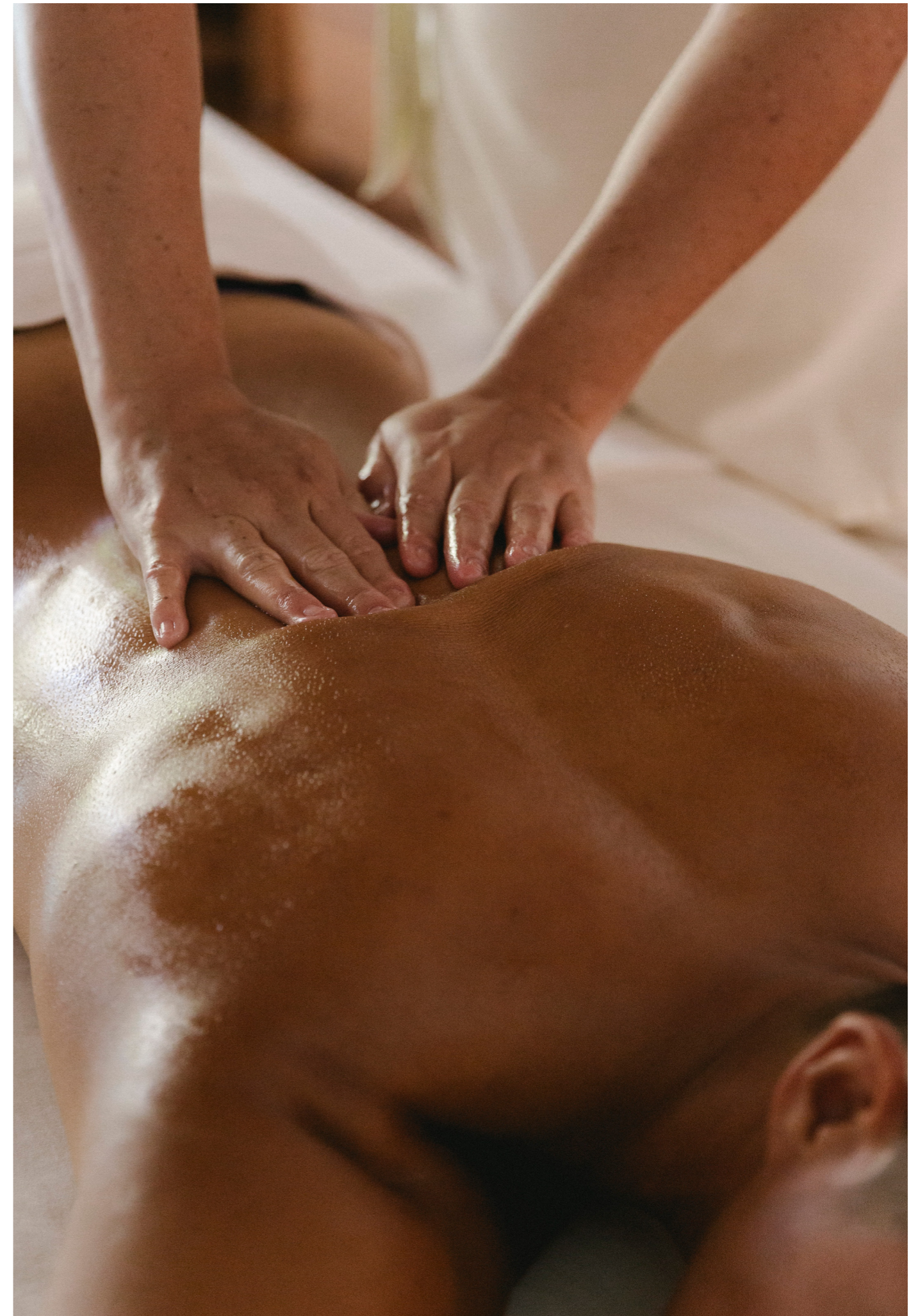
## MAYAN DEEP AWAKENING

A therapeutic grade deep tissue massage that combines traditional techniques of the Mayan region, you´ll discover the therapeutic benefits of the “rebozo” usage and the ancient Mayan culture cosmovision.

**Duration:** 90 min.

**Price:** 270 USD.

**\*See terms and conditions and cancellation policy.**





## RECONNECTION WITH THE ELEMENTS

Reconnect with yourself through a sunset therapy in front of the sea, a therapy of profound benefit for the body, through a relaxing massage accompanied by the sound of the ocean waves and the white sand of Sian Ka'an.

**Duration:** 90 min.    **Price:** 270 USD.



## LOL HA - WATER FLOWER

Beautiful ritual that offers a celebration of nature and herbal remedies, with a blend of flower petals and essential oils that nourish the skin accompanied by a pure hydrating facial that helps to give you a silky skin.

**Duration:** 90 min.    **Price:** 270 USD.

**\*See terms and conditions and cancellation policy.**



## WELLNESS ACTIVITIES

Indulge in a transformative and rejuvenating experience with Casa Chable's wellness activities. Our activities range from yoga by the sea to cycling and exploring the rich flora and fauna of our unique location. Designed to promote physical and mental wellbeing, our expert instructors lead our activities in a safe and nurturing environment. Come and connect with nature and experience the transformative power of our wellness activities at Casa Chable.



## DISCOVERING THE PLANTS AROUND US

Walk and learn about the Chechén plant, while sharing the Mayan legend of Chechén and Chakáh trees through the tying of colored ribbons at the garden of the intentions. During this tour as well, we will be explaining the importance in our Mayan culture the Chit palm tree and introducing the gardener in charge of maintaining the green areas of Casa Chablé.



**Duration:** 40 minutes.

**Available:** Wednesdays and Saturdays - 11:00 am.

**Location:** Inside the property.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## BIRD WATCHING

Enjoying a sunrise from our dock, observing the diversity of birds preparing to leave the mangroves to get their food on the shores of the lagoon and entering the jungle as well.



**Duration:** 1 hour.

**Available:** Thursdays and Sundays - 7:00 am.

**Location:** Beach.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**







## WHAT HAPPENS TO OUR WATER?

Interactive talk with the Operations and Maintenance Leaders, explaining how to obtain water, its process through reverse osmosis, to make it drinkable for human consumption. Visiting a biodigester to explain their operation and their importance within the Sian Ka'an Biosphere, as well as the use of solar panels.



**Duration:** 40 minutes.

**Available:** Tuesdays and Thursdays - 11:00 am.

**Location:** Hotel area.

Complimentary activity - Reservation required.

\*See terms and conditions and cancellation policy.



## DISCOVER OUR KA'ANCHE'S

In the heart of Casa Chablé is a traditional organic Mayan Garden, which recreates centuries old harvesting techniques passed down by Maya ancestors. The milpa and the orchard were structures used for production of fruits, vegetables and herbs, said to be consumed in relation to the levels of social stratum.

**Duration:** 30 minutes.

**Available:** All days.

**Location:** Orchard area.

Complimentary activity - Reservation required.

\*See terms and conditions and cancellation policy.





## RECYCLED PAPER FLOWERPOT

Make with your hands a small pot with recycled elements,  
and after it's dry paint it while you inspire yourself with a  
beautiful view.



**Duration:** 30 minutes.

**Available:** Open hours.

**Location:** Beach area.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## WHO LIVES THERE?

Take a morning walk along the beach and discover the animal tracks around the property, and identify whose tracks are they, crabs, lizards and many more.

**Duration:** 30 minutes.

**Available:** Mondays and Fridays - 11:00 am.

**Location:** Beach area.

Complimentary activity - Reservation required.



## STAR GAZING

Stargazing on the coast: a guide to astronomy by the sea.

The coastline can be a wonderful place to experience both astronomy and astrophotography.

Find out how in our guide to stargazing by the sea.

**Duration:** 40 minutes.

**Available:** Friday, Saturday and Sunday 8:00 pm.

**Location:** Roof top.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## WELLNESS PASSPORT

A passport where you are invited to perform and enjoy different activities inside and outside the hotel, knowing our culture of wellness, sustainability and actions with our community.

**Available:** Open hours.

Complimentary activity - Reservation required.



## BIKE ROUTE

Enjoy a 60-minute bike ride, surrounded by mangroves and native vegetation on an unpaved road navigated with off-road bikes, to get to know the Sian Ka'an Biosphere. Enjoy the quiet beaches and its local cuisine accompanied by a local guide.

**Duration:** 1 hour.

**Up to:** Maximum 5 pax.

**Available:** Any day of the week - 10:00 am.

**Location:** Around the hotel.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**





## YOGA ON THE BEACH

Enjoy a sunrise yoga class on the beach led by the calming sounds of the sea and surrounding vegetation. Awaken your inner harmony and well-being with the full energy of the biosphere.



**Duration:** 1 hour.

**Available:** Every day - 7:30 am.

**Location:** Dock de Laguna.

Complimentary activity - Reservation required.

Private classes with extra fee

\*See terms and conditions and cancellation policy.





## GUIDED MEDITATION

Balance, and calm your spirit with this deep guided meditation, while the sound of nature brings you more peace.

**Duration:** 1 hour.

**Up to:** Maximum 4 pax.

**Available:** Every day - Open hours.

**Location:** Beach area.

Complimentary activity - Reservation required.



## SIATZU CHAIR MASSAGE

Enjoy a five-minute massage, that will help your sore muscles, and bring you full relaxation.

**Duration:** 5 minutes.

**Available:** Tuesdays, Thursdays and Saturdays - 4:00 pm.

**Location:** Beach area.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## A MOMENT OF GRATEFULNESS

Come with us to this walk around the Hotel, while we thank the elements for all that's given to us, with a Singing Conch and burning Copal.

**Duration:** 30 minutes.

**Available:** Tuesdays and Fridays - 6:00 pm.

**Location:** All the hotel, starting at the lobby, ending at the beach.

Complimentary activity - Reservation required.



## SCALP MASSAGE

A scalp massage with an ocean view that will reduce stress and improve your mood.

**Duration:** 5 minutes.

**Available:** Tuesdays, Thursdays and Saturdays - 4:00 pm.

**Location:** Beach area.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**







## ESSENCE EXPERIENCE

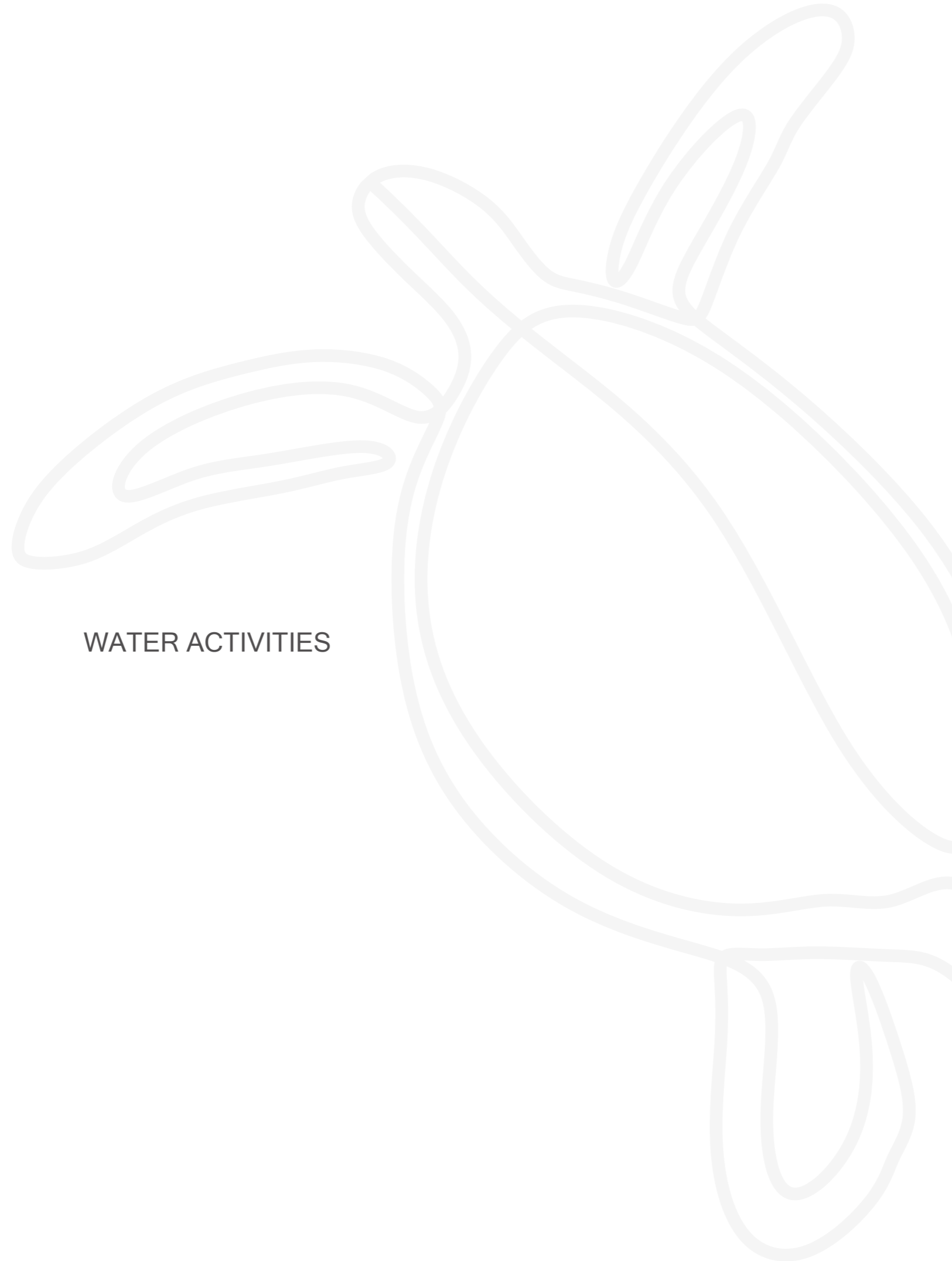
Finish your day at home, the way you deserve, delight and rest peacefully with the aromas of your choice in your room, a turn down service you will appreciate.



**Available:** Every day - During turndown service.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## WATER ACTIVITIES

Discover the beauty of our natural surroundings through Casa Chable's thrilling aquatic activities. Snorkel, kayak, or paddleboard and immerse yourself in the pristine waters of our unique location. Encounter a variety of marine species, including majestic sea turtles and playful dolphins, as you explore the vibrant underwater world. Our expert instructors ensure a safe and educational experience for guests of all ages and skill levels. Make your stay at Casa Chable unforgettable with our unforgettable aquatic activities.



## WATER ACTIVITIES (paddle board, kayak)

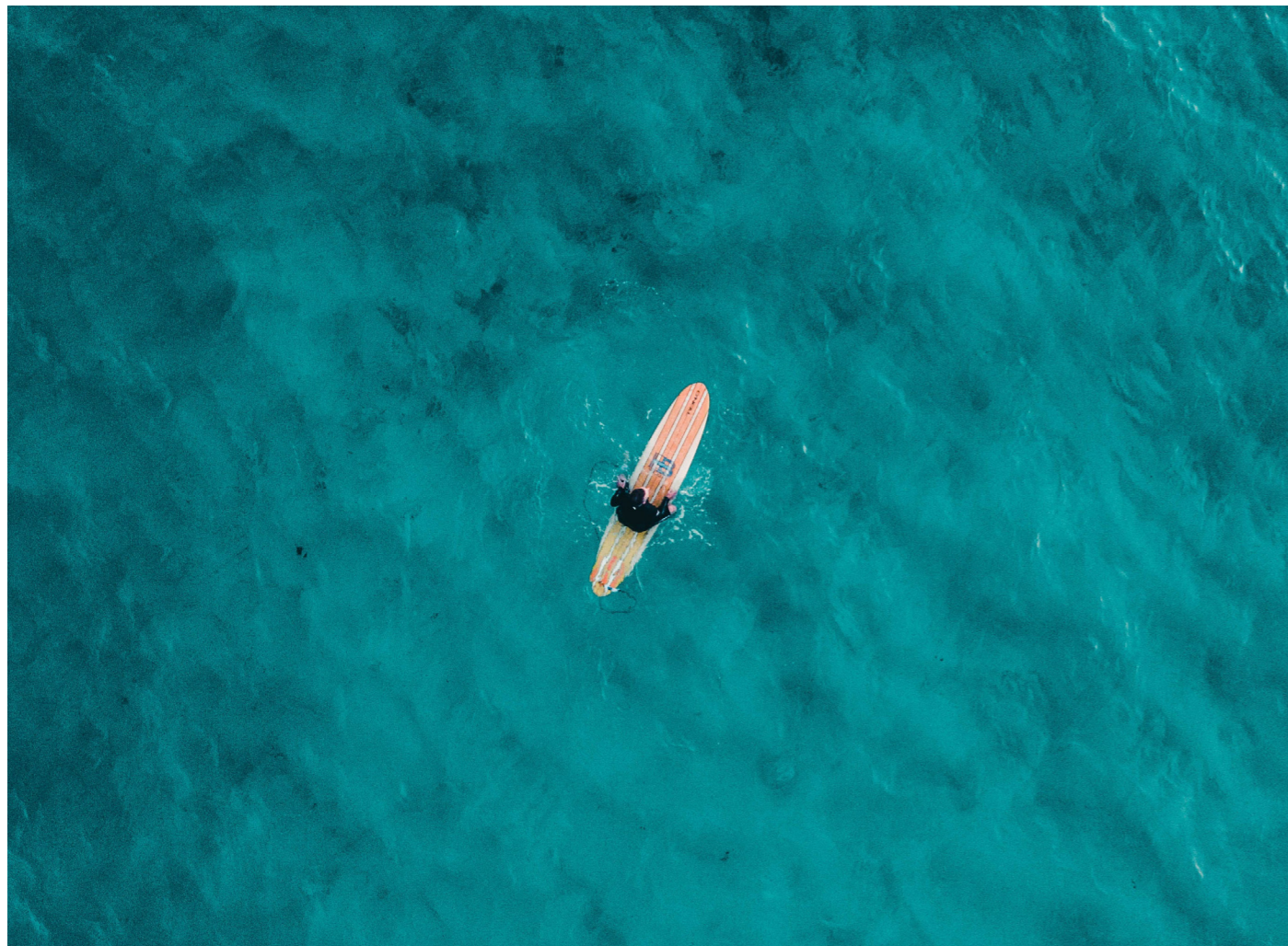
Explore the surrounding biosphere with kayaks or paddle boards.

**Duration:** 45 minutes approx.

**Available:** Every day - 8:00 am to 5:00 pm.

**Location:** Beach area.

Complimentary activity - Reservation required.



## SNORKEL Private Tour at the biosphere

Snorkeling tour in the second biggest coral reef, with an opportunity of sightseeing dolphins, turtles and more in their natural environment, visiting a natural pool.

Pick up and drop off in our own deck in the lagoon side.

**Duration:** 3 hours maximum.

**Available:** Open until 2:00 pm.

**Location:** Hotel dock.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## CULINARY EXPERIENCES

Savor the authentic flavors of traditional Mexican cuisine at Casa Chable. Our skilled chefs use locally-sourced ingredients and time-honored cooking techniques to create a diverse menu of dishes that showcase the bold and vibrant flavors of the region. From savory classics to contemporary creations, each dish is a feast for the senses. Whether you prefer dining in our restaurant or in the privacy of your villa, the culinary offerings at Casa Chable are a true delight.



## CHI CHI CORN RECIPE

Join us and learn some Mexican cooking recipes from our grandmothers. "Chi Chi" as we call them in this region.

**Available:** Mondays - 12:00 pm.

Complimentary activity - Reservation required.



## CHI CHI SAUCE RECIPE

Learn to make many varieties of sauces with a few basic ingredients.

**Available:** Wednesdays - 12:00 pm.

Complimentary activity - Reservation required.

\*See terms and conditions and cancellation policy.





## CHI CHI COCOA RECIPE

Learn how to prepare one of our ancestral drinks in a Mexican artisanal way.

**Available:** Fridays - 12:00 pm.

Complimentary activity - Reservation required.



## MEZCAL TASTING

Learn about one of most iconic mexican spirits (distilled).

**Available:** Thursdays - 5:00 pm.

**Location:** Lobby bar area.

Complimentary activity - Reservation required.

\*See terms and conditions and cancellation policy.



## MARSHMALLOWS PIT

Ideal for after dinner, enjoy dusk at the beach with a delicious wood-fired marshmallow.

**Available:** Wednesdays and Saturdays - 8:00 pm.

**Location:** Beach area.

Complimentary activity - Reservation required.



## COOKING MASTER CLASS

Ideal for after dinner, enjoy dusk at the beach with a delicious wood-fired marshmallow.

**Available:** Wednesdays and Saturdays - 8:00 pm.

**Location:** Beach area.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## TASTING “LAS BONDADES DEL AGAVE”

Taste different kinds of tequila, mezcal, and sotol from distinct regions of Mexico with our specialist.

**Available:** Fridays and Sundays - 1:00 a 5:00 pm.

**Location:** Casa principal bar.

Complimentary activity - Reservation required.



## ROMANTIC DINNER

Enjoy a romantic dinner in a nest close to your room, where you will be delighted with the unique flavors from our kitchen and the perfect location at the beach.

**Available:** Open hours - Every day.

**Location:** Bungalów area.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**







## GRILL

Enjoy the Caribbean breeze under the stars.

**Available:** Fridays - 6:00 pm to 10:00 pm.

**Location:** Beach area.

Complimentary activity - Reservation required.



## 3-COURSE DINNER

Have a dinner like no other.

**Available:** Open hours - Every day.

**Location:** Beach area or restaurant.

Complimentary activity - Reservation required.

**\*See terms and conditions and cancellation policy.**



## CANCELLATION POLICY

Cancellation 12 hrs prior experience, 0% penalty.

Cancellation between 12 and 6 hrs previous experience, 50% penalty.

Cancellation in less than 4 hours previous experience, 100% penalty.

