

# EXPERIENCES

AUTHENTIC ADVENTURES, THE MAYAN WAY



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Chablé Yu own, a sp thrive and you see. found onl of a kind nature tha catán boasts a unique ecosystem of its rawling jungle where endemic species work together to give life to everything mmerse in the world of Melipona bees, in the Yucatán Peninsula, or taste one cacao beans to fully experience the t encompasses the resort.





## MELIPONARIUM

Get up close with some fascinating residents. The Melipona bees are endemic to The Yucatán Peninsula and regarded by Mayan people as sacred species. We house a meliponarium where local beekeepers will happily share their knowledge. Learn everything about them and taste their honey straight from the hive.

**Duration:** Approximately 45 minutes

**Up to:** 6 people max.

Available: Monday to Sunday from 9:30 to 16:00 hrs.

Meeting point: SPA

Price: 799 MXN per person (taxes included)

### PLEASE KEEP IN MIND

- We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult and for 6-year-old children and older.
- It is essential to mention that bees do not sting since they do not have a stinger.





## HONEY TASTING

Unveil the secrets of honey on this adventure, where you'll get to sample that sweet amber nectar. This is part of a larger initiative, as the Chablé beekeeping team works hard to protect these creatures. Bees are crucial to every ecosystem on the planet due to their duties as pollinators, and have been threatened by pollution and changes to their habitat. This activity hopes to raise awareness and deepen your knowledge.

**Duration:** 90 minutes

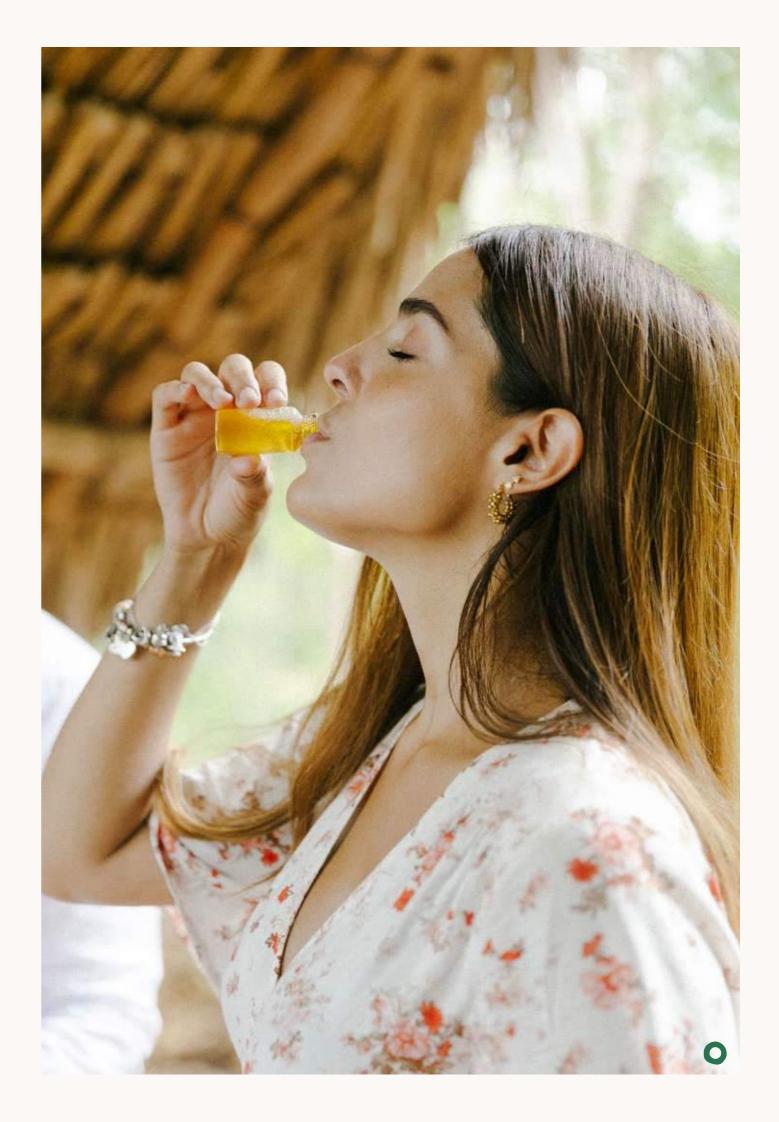
**Up to:** 4 people max.

Available: Monday to Sunday from 10:00 to 15:00 hrs.

**Price:** 1,499 MXN per person (taxes included) 1,800 with meliponarium tour (taxes included)

### PLEASE KEEP IN MIND

- We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult and for 6-year-old children and older.





## THE GREEN PATH

The most exhilarating way to look at all the beauty the resort encompasses is to go for a bike ride. Take a guided tour around the property, and feel the breeze on your face while paying a visit to the historic red arch and the most emblematic places of the property like the Wellness Golf course, the Ka'anche's and the meliponarium. If you're lucky, your trip will even feature our endemic birds.



## 

**Duration:** Approximately 90 minutes

**Up to:** 10 people max.

Available: Monday to Sunday from 9:30 to 15:00 hrs.

Meeting point: SPA

**Price:** 1,299 MXN per person (taxes included)

#### PLEASE KEEP IN MIND

- \*We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult and for 12-year-old children and older.
- The tour must be offered by bicycle only in cases that require it, it can be provided in golf car (seniors, children, pregnant women, or people with any type of injury or disability).
- It is essential to mention that bees don't sting since they do not have a stinger.







## BE A BEE KEEPER

#### \*SEASONAL ACTIVITY

If you've ever wanted to try beekeeping but can't shake the fear of getting stung, Melipona bees will help you cross this item off your bucket list. These alluring, harmless critters produce a unique kind of honey, which you can harvest directly from the hive. Round the whole experience with a picnic by the meliponarium, the place these stingless bees call home.



**Duration:** Approximately 60 minutes

**Up to:** 4 people max.

Available: Monday to Sunday from 9:30 to 15:00 hrs.

Meeting point: SPA

Price: 1,499 MXN per person (taxes included) **Picnic price:** 4,485 MXN per couple (taxes included)

#### PLEASE KEEP IN MIND

- before the activity, dialing "0" through Concierge.
- The cost of the picnic is additional to the price of the beekeeper experience.
- Prices are per adult and for 6-year-old children and older.
- It is essential to mention that bees don't sting since they do not have a stinger.



• \*We recommend previous reservations at least two hours

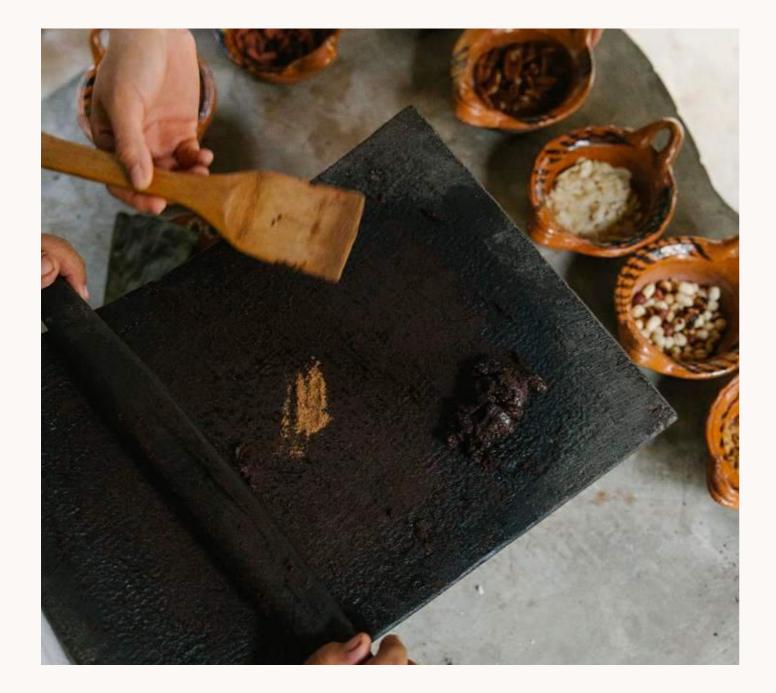


passed from generation to generation to



## CACAO TRANSFORMATION

We're all well acquainted with chocolate, but do you know how it looks and tastes in its original form? With techniques that go back thousands of years, cultures across south central Mexico have used and transformed cacao beans into creations that showcase the versatility of chocolate. Make your own cacao bar with local beans and enhance it with Mexican spices and nuts.





Duration: Approximately 1 hour

**Up to:** 6 people max.

Available: Monday to Sunday from 10:00 to 16:00 hrs.

Meeting point: Casita Maya

**Price:** 750 MXN per person (taxes included)

### PLEASE KEEP IN MIND

- We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult and for 6-year-old children.





## CORN TRANSFORMATION

A few cultures worldwide have such a deep bond with corn as the Mayan, as it goes beyond food and reaches spiritual heights. According to Mayan mythology, the gods made the human race out of corn. Therefore, this marvelous crop is the foundation of Mayan cuisine. Join this workshop to experience corn's sacred roots. What is learned in the workshop is the nixtamalization process and guests make their own handmade tortillas on the comal. Later they taste the tortillas with sauces made from local ingredients.



**Duration:** Approximately 1 hour

**Up to:** 6 people max.

Available: Monday to Sunday from 10:00 to 16:00 hrs.

Meeting point: Casita Maya

#### PLEASE KEEP IN MIND

- before the activity, dialing "0" through Concierge.
- Prices are per adult and for 6-year-old children.

\*See terms and conditions and cancellation policy.



**Price:** 750 MXN per person (taxes included)

• We recommend previous reservations at least two hours





## MAYAN CUISINE

Enjoy an afternoon in our Casita Maya and taste some traditional Yucatecan delicacies prepared by our traditional cooks' expert hands, which will allow you to try new flavors and aromas of the region. The vast majority of the fresh ingredients used are harvested directly from our Ka'anches orchards, always regarding the processes and times to give a unique taste. This activity is perfect for sharing with the family.



**Duration:** 2 hours

**Up to:** 6 people max.

Available: Monday to Sunday from 10:00 to 15:00 hrs.

Meeting point: Casita Maya

#### PLEASE KEEP IN MIND

- activity, dialing "0" through the Concierge.
- Prices shown are per adult and for children 6 years and older.
- Includes fruit water and natural water.
- Does not include consumption of alcoholic beverages.

\*See terms and conditions and cancellation policy.



**Price:** 2,415 MXN per person (taxes included)

• We recommend prior reservation at least 2 hours before the

#### NOTE: Ask your Concierge for the menu of the day or let yourself be surprised!



## MAYAN COOKING CLASS

Make tortillas with your bare hands and learn to roast peppers the way it has been done for centuries. At the Mayan cooking class, the secrets will be unveiled before your eyes for you to carry these recipes in your heart for years to come. Learn old techniques from the people who have replicated these dishes, like panuchos and cochinita pibil, at home throughout their life.



**Duration:** 3 hours

Up to: 4 people max.

Available: Monday to Sunday from 10:00 to 14:00 hrs.

Price: 2,875 MXN per person (taxes included)

#### PLEASE KEEP IN MIND

- We recommend prior reservation at least 2 hours before the activity, dialing "0" through the Concierge.
- Prices shown are per adult and for children 6 years and older.
- Includes fruit water and natural water.
- Does not include consumption of alcoholic beverages.

\*See terms and conditions and cancellation policy.



#### NOTE: Ask your Concierge for the menu of the day or let yourself be surprised!



## CONTEMPORARY COOKING CLASS

The Ixi'im kitchen opens its doors to foodies willing to go on a full-fledged culinary adventure. After a thorough tour of a world-class kitchen, join the staff, led by executive chef Luis Ronzón, in preparing a three-course meal conceived by award-winning chef Jorge Vallejo. Then, enjoy the meal you just helped cook at Ixi'im's luxurious main dining room. Don't forget to pat yourself on the back for being a great chef!



**Up to:** 6 people max.

Available: Tuesday to Sunday from 09:00 to 11:00 hrs.

**Price:** 2,875 MXN per person (taxes included)

### PLEASE KEEP IN MIND

- We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult and for 12-year-old children and older.
- Does not include consumption of alcoholic beverages.

depending on the seasonal available ingredients.

\*See terms and conditions and cancellation policy.



## NOTE: The menu to be prepared may vary



## **TEQUILA TASTING**

Chablé is home to one of the most impressive collections of bottles of tequila, with more than 3,400 in its inventory. Let yourself be carried away on a journey of indulgence and exploration of the unparalleled flavors of the most exclusive, distinguished, and fine tequilas of México, which, together with unique ingredients and pairings, keep alive the soul of the agave.



**Duration:** Approximately 2 hours

Up to: 6 people

Available: Tuesday to Sunday from 13:00 to 18:00 hrs.

Price: 2,970 MXN per person (taxes included)

### PLEASE KEEP IN MIND

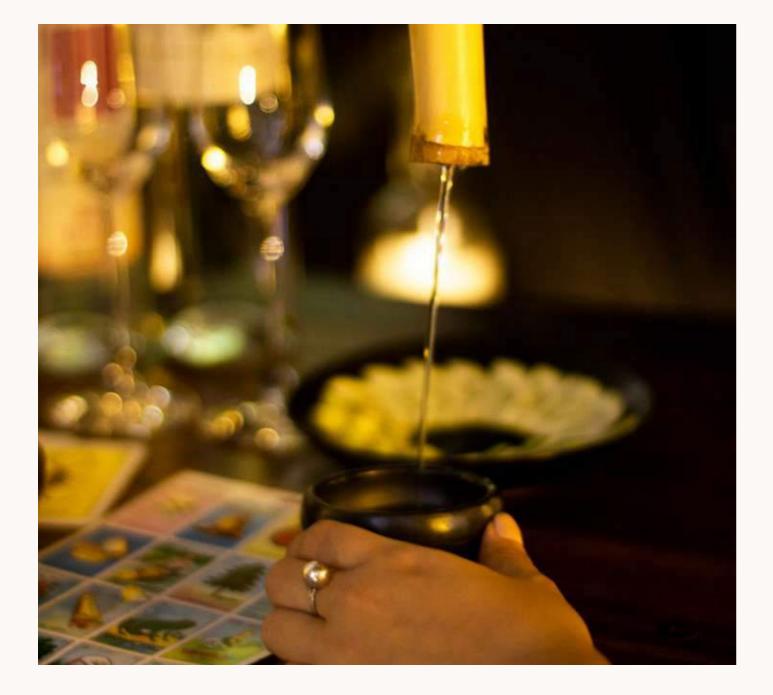
- We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult.





## **MEXICAN SPIRITS TASTING**

Like its food, Mexican spirits are charming in its diversity, richness, and taste. From the world famous mezcal of the southern coast to the enigmatic liqueurs of the Mayan region, go for a ride around Mexico through its beverages. A tasting experience is only complete with delicious appetizers.



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Up to: 6 people

Available: Tuesday to Sunday from 13:00 to 18:00 hrs.

### PLEASE KEEP IN MIND

- We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult.

\*See terms and conditions and cancellation policy.



#### **Duration:** Approximately 2 hours

Price: 2,970 MXN per person (taxes included)



## WINE TASTING

The ancestral walls of our round architectural structures will accompany you along with the intoxicating aromas of local forests as the introduction to an incredible experience where the history of wine in Mexico will seduce you with its best wines and the different aromatic and gustatory nuances. In this experience, you will deconstruct by the hand of the Sommelier all the characteristics that give structure to the wines; their aromas and flavors will be part of a balance complemented by the magical expression of gastronomy.

**Duration:** Approximately 2 hours

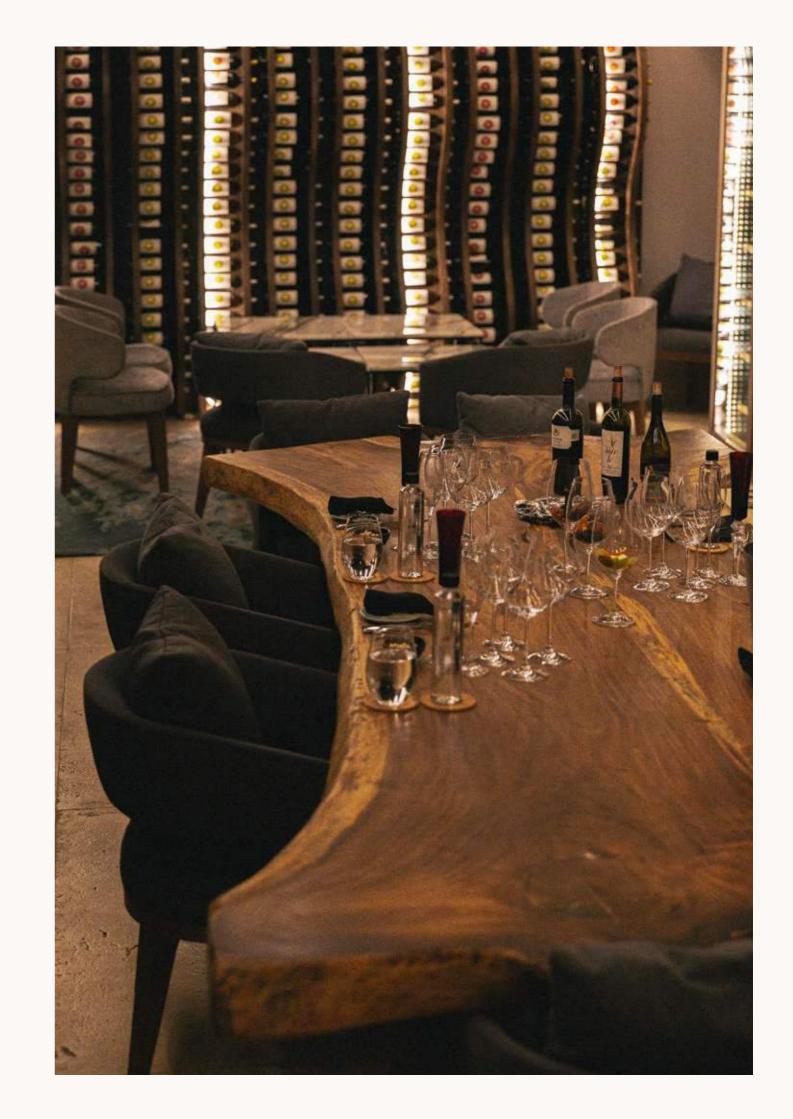
Up to: 6 people

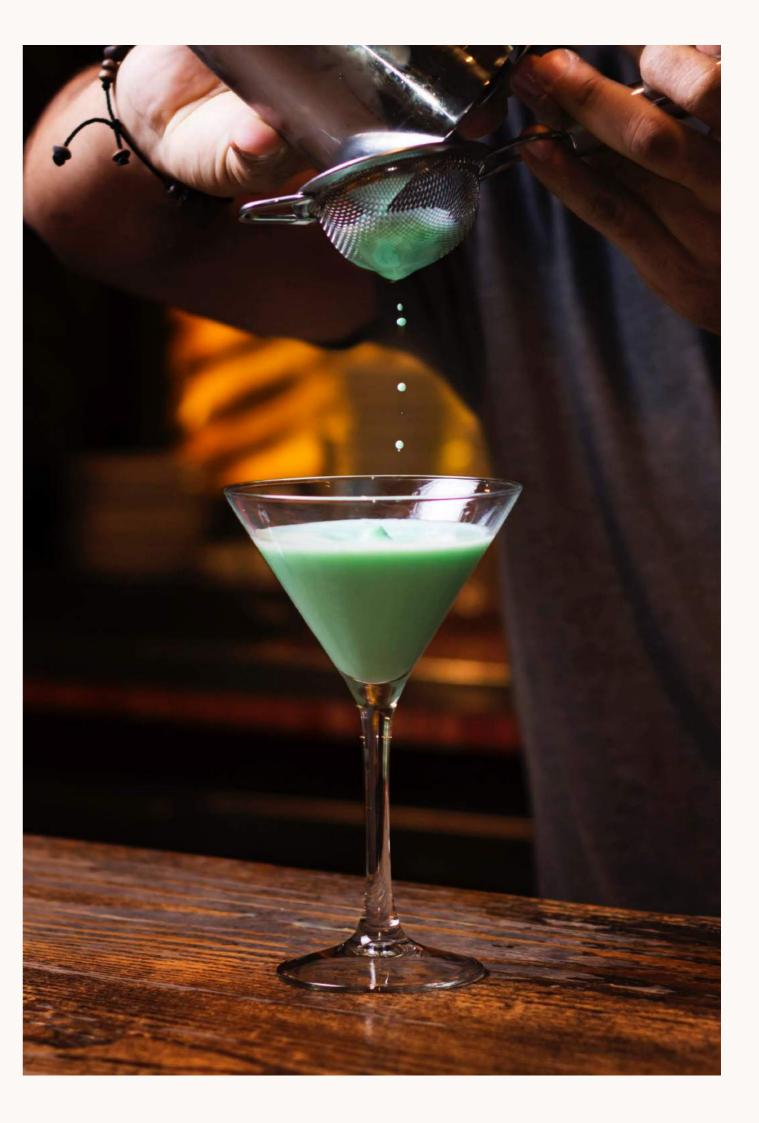
Available: Tuesday to Sunday from 13:00 to 18:00 hrs.

Price: 2,970 MXN per person (taxes included)

#### PLEASE KEEP IN MIND

- We recommend previous reservations at least two hours before the activity, dialing "0" through Concierge.
- Prices are per adult.







## MIXOLOGY CLASS

Between aromas, scents and flavors discover the secrets of traditional cocktails and how it has been innovating over the years. In this experience you will be able to taste cocktails that reinterpret classic drinks with the use of local historical ing redients, inspired by legends and customs.

**Duration:** Approximately 90 minutes

**Up to:** 6 people max.

Available: Monday to Sunday from 12:00 to 18:00 hrs.

Price: 2,500 MXN per person (taxes included)

### PLEASE KEEP IN MIND

• We recommend previous reservations at least three hours before the activity and check availability from the mixologist, dialing "0" through Concierge.





# STARGAZING

In Chablé, the sky is ideal for connecting with nature and our surroundings. Enjoy a journey to our central garden through the observation of the stars, which will allow you to reach a special connection with our ancestors. We ensure you will live a memorable experience through a professional explanation with unique storytelling every night.

Duration: Approximately 1 hour

**Up to:** Minimum 2 people

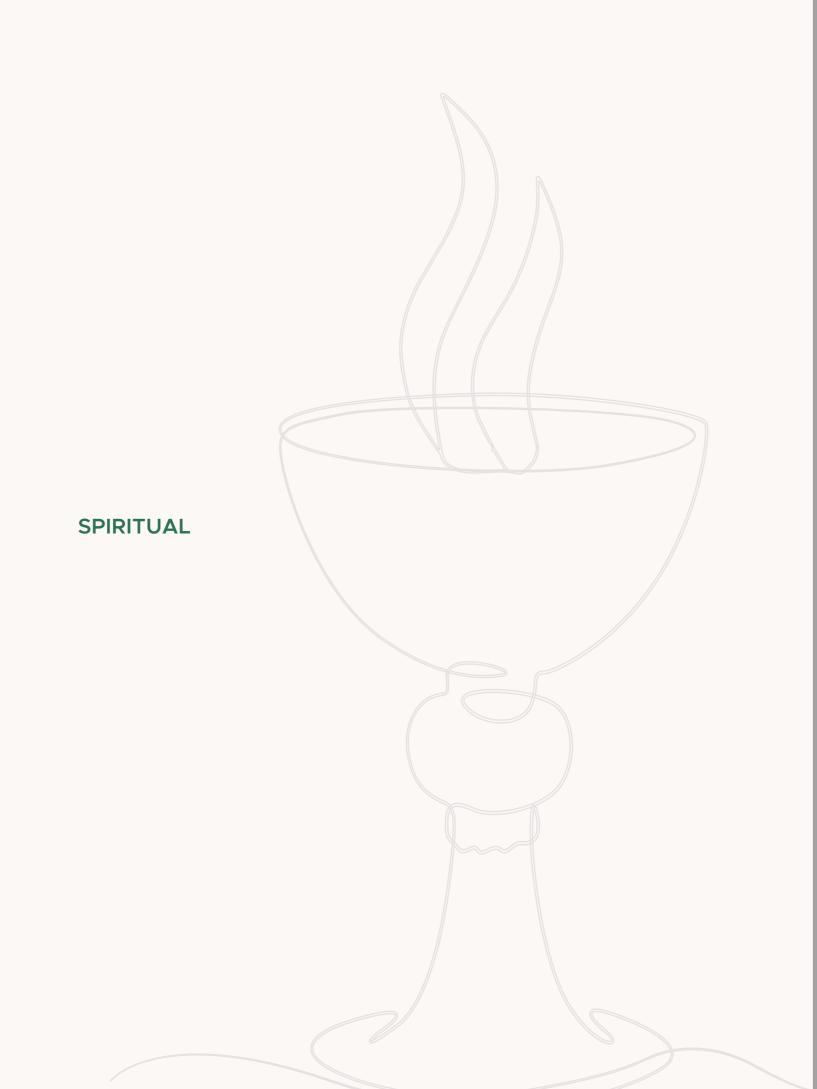
Available: From 18:30 hrs.

(appertizers included).

### PLEASE KEEP IN MIND

- Subject to availability and weather factors.
- We suggest booking at least 24 hours in advance.

Price: 3,500 MXN per couple



As a place way of its Yucatán of heal the r bonds with ancient wa of intense energy and spiritual healing by cenote and the Mayan legacy, Chablé ens the door to mystical ceremonies to ind, purify the soul, or strengthen the those close to you by drawing from the vs and insights of the Mayan culture.



## SPIRITUAL THERAPY

The Mayans have long relied on traditional approaches to find balance and inner peace and eliminate negative energy. Multiple elements of Mexican traditional medicine come together in these spiritual ceremonies to help you restore your soul, free you from any emotional blocks, and mend your bonds with your surroundings.

**Duration:** Approximately 90 minutes

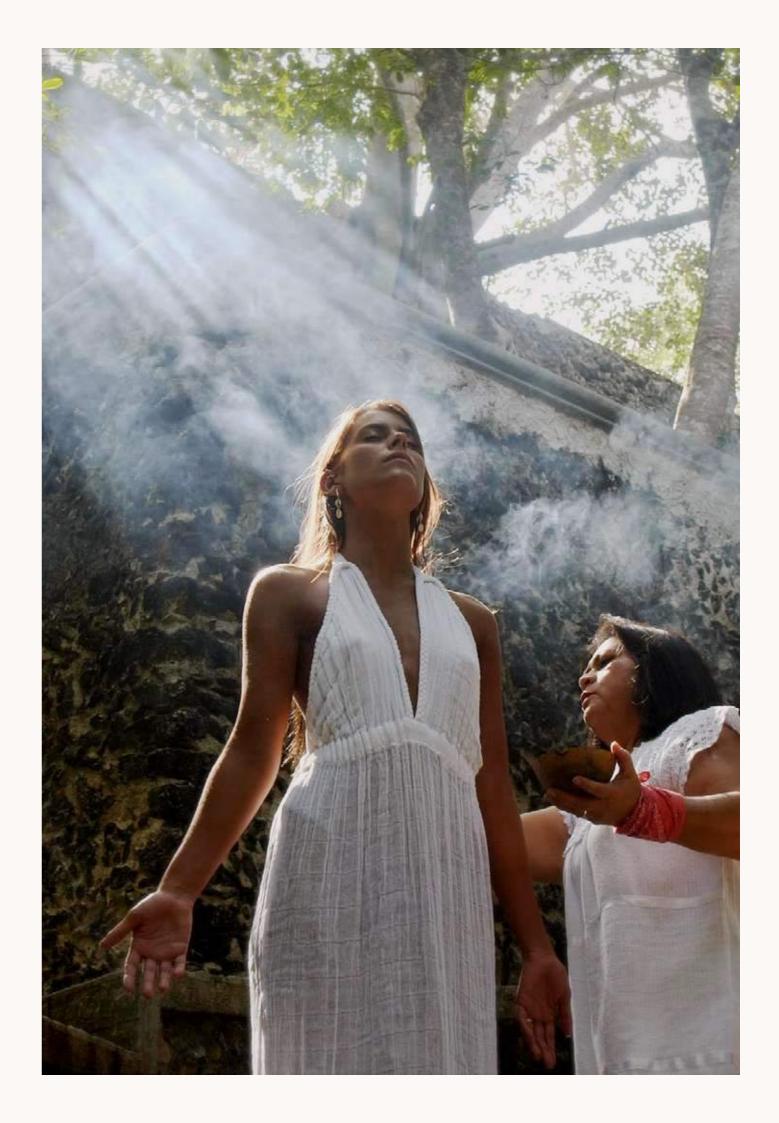
Up to: 1 person

Available: Monday to Sunday from 09:00 to 16:00 hrs.

Price: 7,799 MXN per person (taxes included)

### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"







## TEMAZCAL CEREMONY

Ancient Mexican cultures regarded the Temazcal, which translates to "house of heat," as a way to detox both the body and the soul with the help of steam and a carefully curated selection of herbs. The Temazcal ceremony strives to give you a blank slate by taking you back to the "womb of mother Earth" and helping you be reborn after a spiritual cleanse.



Duration: 2 to 3 hours

**Up to:** 8 people max.

Available: Monday to Sunday from 09:00 to 16:00 hrs.

Price: 9,199 MXN per person (taxes included)

### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"





### MAYAN BLESSING CEREMONY

Mayan elders will call upon their deities to set up a ceremony to celebrate or mark a unique occasion to which a person, family, or couple has given meaning. Each rite is different, as it is tailored to its participants' needs, hopes, and wishes. The Mayan elder will then provide blessings, harmonization, or union procedures through the ancient Mayan traditions.





Duration: Approximately 120 minutes

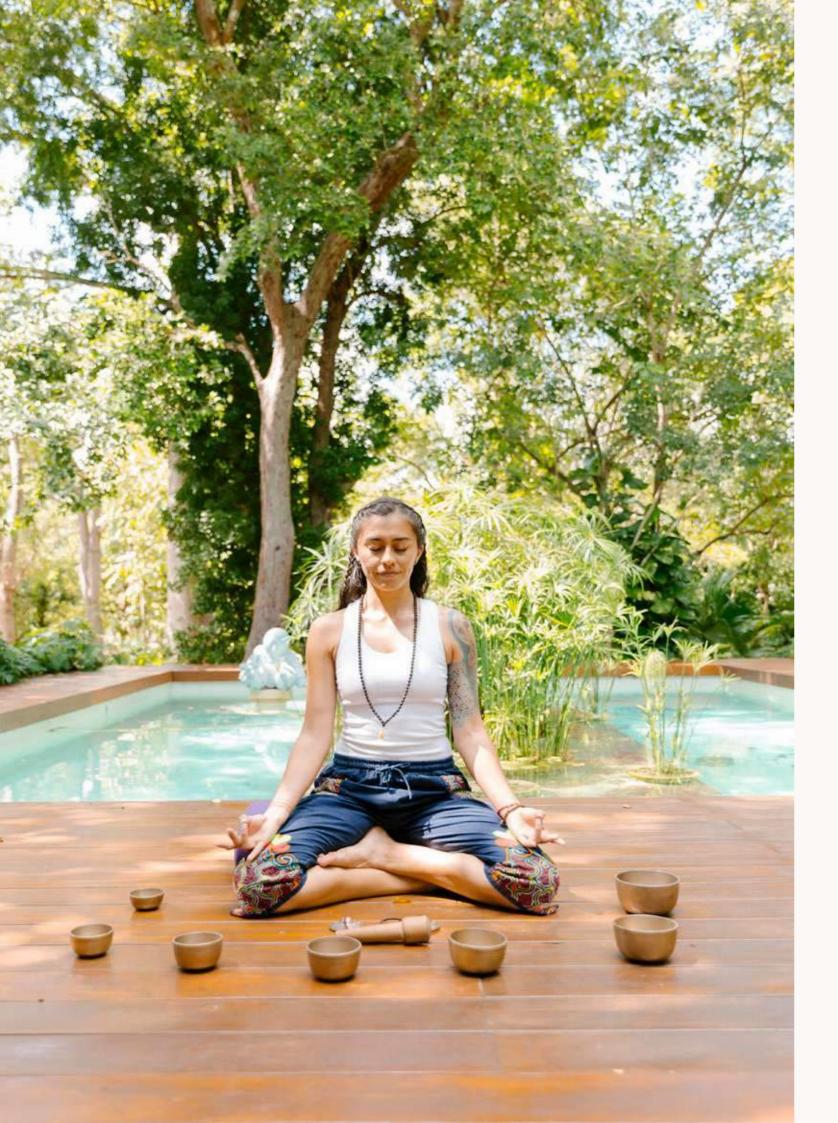
Up to: 2 people

Available: Subject to availability

Price: 9,199 MXN per person (taxes included)

### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"





## **PRIVATE MEDITATION CLASS**

Looking to unwind or reconnect with what truly matters? Join a guided meditation in a serene setting. Let the lush landscape lull you to achieve true mindfulness.

**Duration:** 60 minutes

Up to: 10 people max.

**Price:** 1,299 MXN per person (taxes included)

### PRIVATE MEDITATION AND YOGA CLASS

**Duration:** 90 minutes

**Up to:** 10 people max.

**Price:** 2,100 MXN per person (taxes included)

### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"



## PRIVATE YOGA CLASS

#### AQUA FITNESS YOGA

Training session in the water that includes cardio, strength, resistance and yoga posture exercises, meditation and relaxation. **Up to:** 4 people max.

#### JOYOGA

Original style of yoga that combines calisthenics and pilates exercises with yoga postures, conscious relaxation and meditation. **Up to:** 10 people max.

#### VINYASA FLOW YOGA

Series of postures or asanas that are synchronized with breathing. **Up to:** 10 people max.

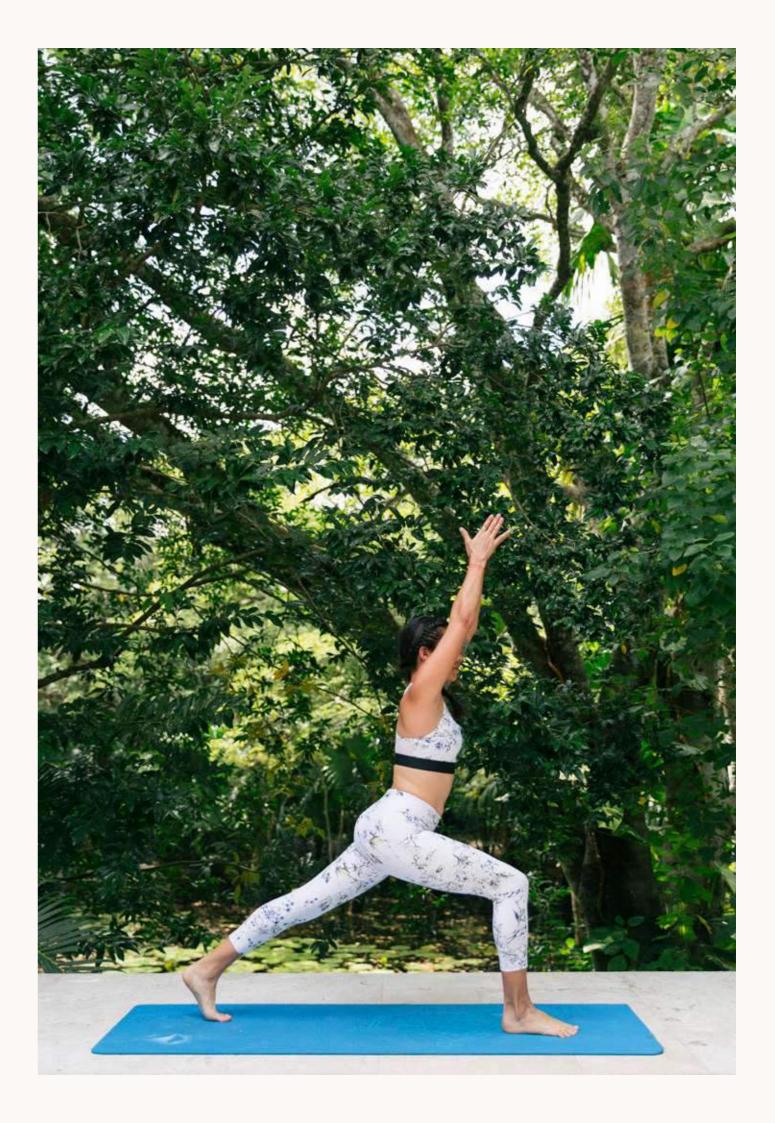
#### **BIKRAM YOGA**

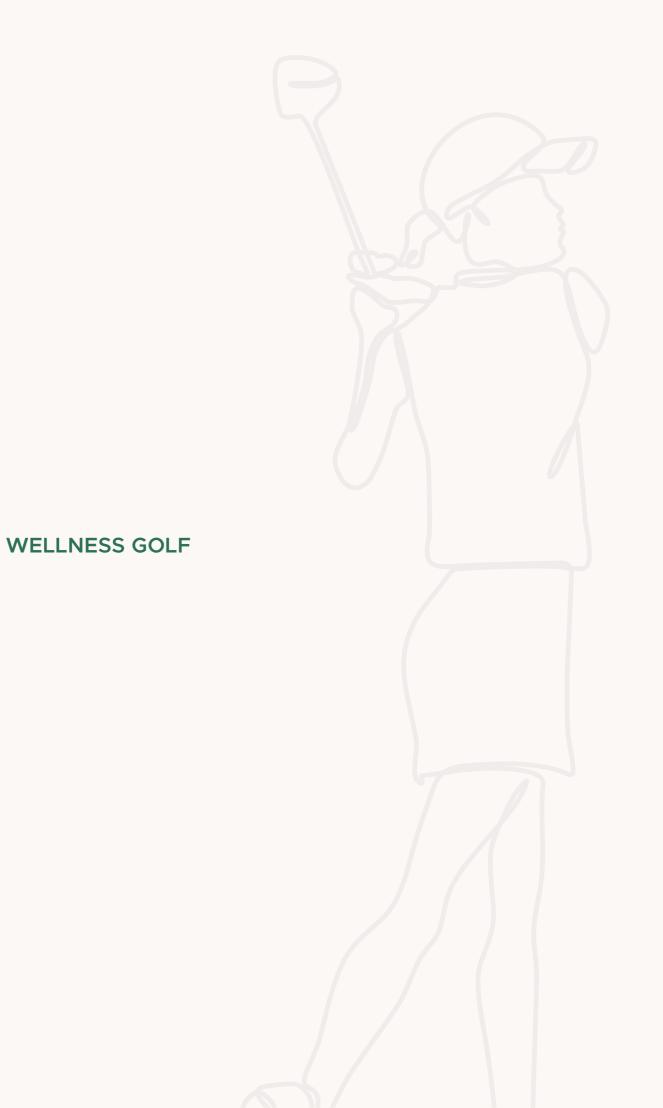
Practical yoga style where a series of specific postures. **Up to:** 10 people max.

PRICE: 1,299 MXN per person

### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"





familiarity of a reliable yet exciting golf course.

## PLAY LESSON WELLNESS GOLF

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Chablé has brought its unique approach to wellness golf. There is no dress code; you can even play barefoot to feel the grass and dirt beneath your feet for a new experience. Whether you want to learn the basics of golfing or unravel the nuances of this course, the instructors will help you polish your abilities, and we will reserve the entire golf course for you.

**Duration:** Approximately 60 minutes

Up to: 2 people max

Available: Monday to Sunday from 09:00 to 16:00 hrs.

Price: 2,499 MXN per person (taxes included)

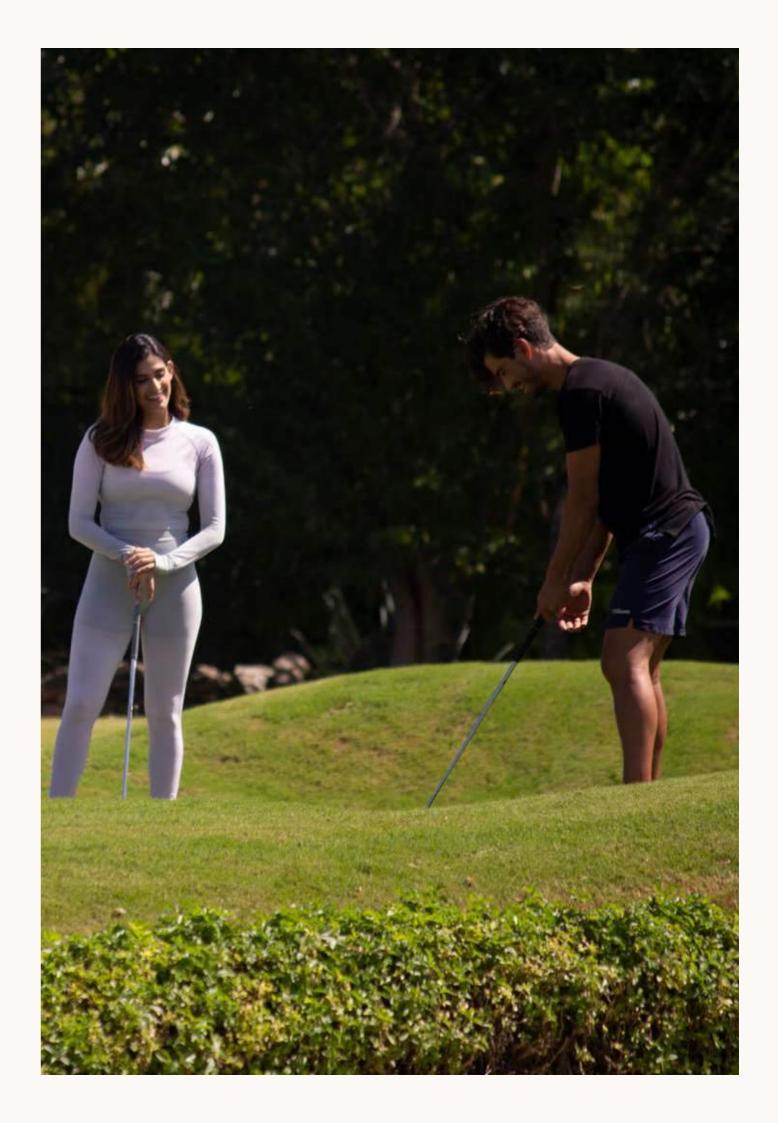
#### INCLUDED

Balls and golf equipment Water and towel service

#### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"





## **GREEN FEE**

Û

Enjoy an unforgettable round at one of the world's most exclusive and unique courses. Open to groups of 2 to 6 players, Chablé Yucatán's Wellness Golf boasts a par three golf course where being one with nature and taking in the lush scenery is a key to a fruitful game. During this fantastic experience, we will reserve the entire golf course for you.



## ( )

Up to: 2-6 players

Available: Monday to Sunday from 09:00 to 15:00 hrs.

Price: 1,299 MXN per person (taxes included)

INCLUDED Field blockade for 2 hours Pull car, balls and golf equipment Water and towel service

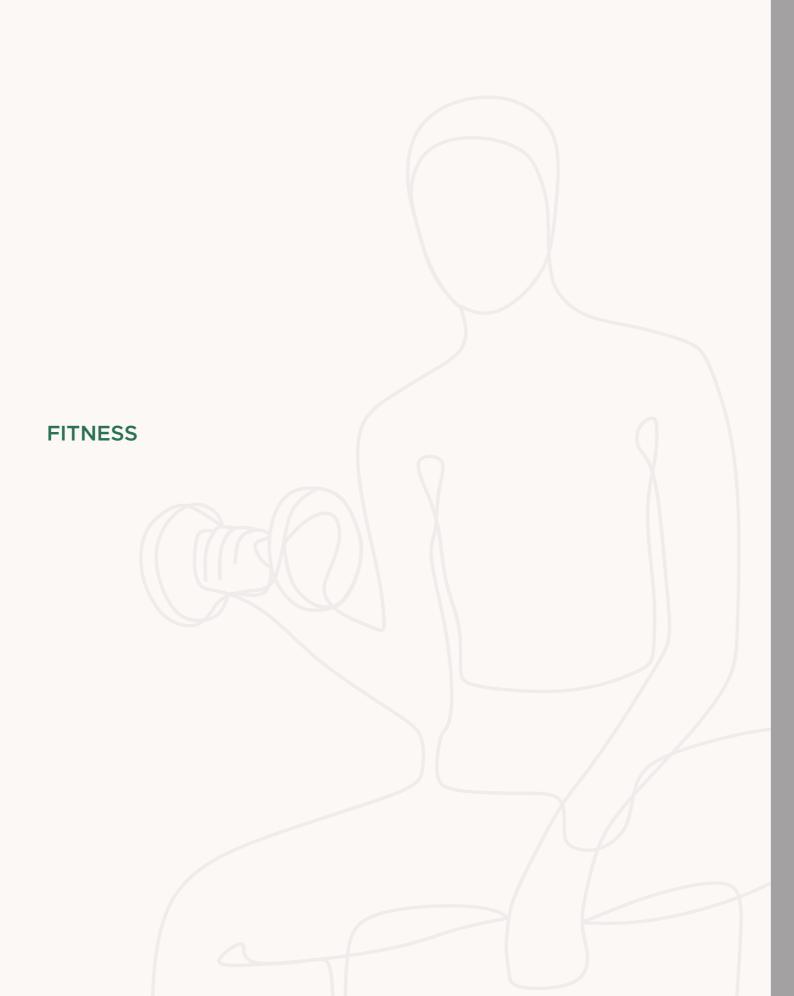
### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"

\*See terms and conditions and cancellation policy.



#### **Duration:** Approximately 2 hours (9 holes)



Whether y or the vas reconnect and outde who'll guid

bu consider yourself a disciplined athlete ness of the property makes you want to vith your body, Chablé offers both indoor or sessions with experienced trainers a you throughout your wellness journey.



## PADLE LESSONS

Lessons to perfect your skills with the help of our coaches, with a sports approach based on high performance to improve strength, speed and strokes.

**Duration:** 60 minutes

Price: 2,999 MXN per person (taxes included)

#### PADEL MATCH

2vs2 paddle tennis match where you will have the opportunity to test your skills with our instructors.

Duration: 60 min. - Price: 1,999 MXN per couple

### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"

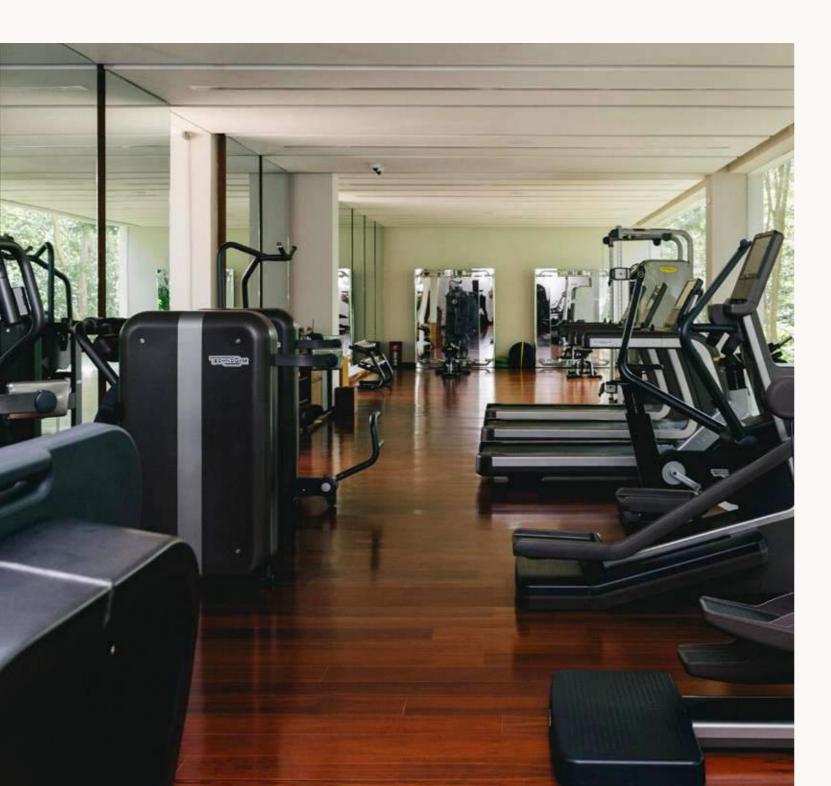


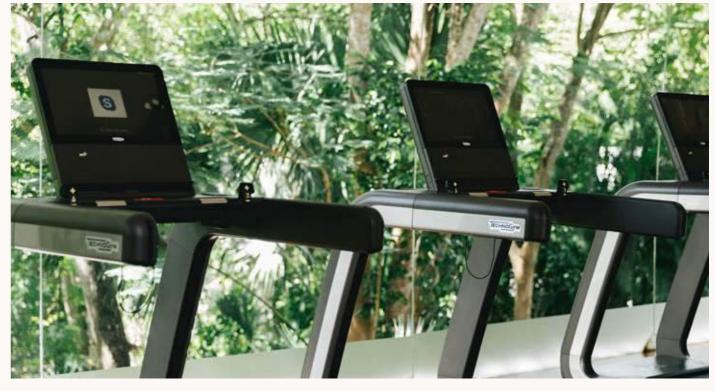




## PERSONALIZED TRAINING

From cardio exercises to targeted toning routines, let the experienced resident trainer design the perfect workout based on your needs and goals.





FITNESS CLASSES AVAILABLE

functional training and more.

**Duration:** 60 minutes

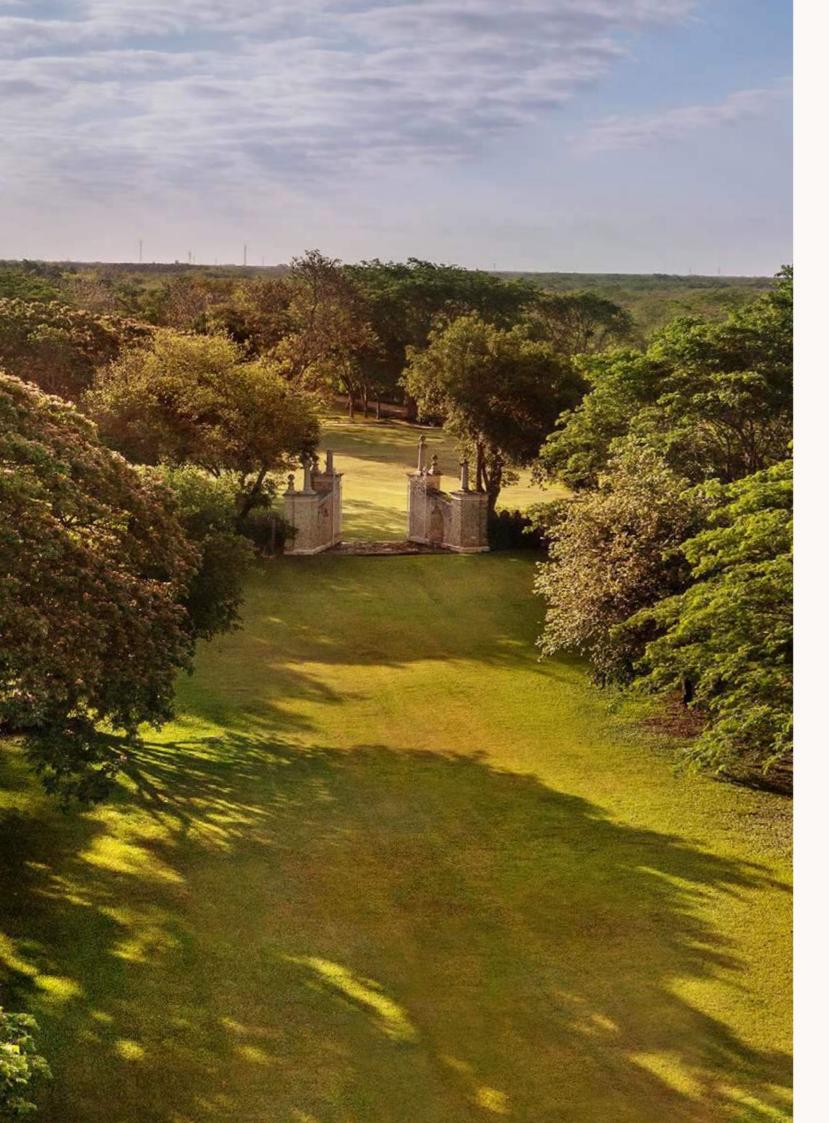
Price: 1,999 MXN per person (taxes included)

### PLEASE KEEP IN MIND

• Booking is required at least 24 hours in advance. For reservations, kindly dial "200" or "201"

\*See terms and conditions and cancellation policy.

Tabata, bootcamp, cardio abs, spinning,



### CANCELLATION POLICY

- Cancellation 12 hrs prior experience, 0% penalty.
- Cancellation between 12 and 6 hrs previous experience, 50% penalty.
- Cancellation in less than 4 hours previous experience, 100% penalty.





