

FOOD *and* TRAVEL

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When it comes to idyllic mini-breaks, superb short-haul destination inspo and sun-kissed, further-flung escapes, we've got you covered. Make the most of your precious time out with our recommendations

A weekend **S** **T** *A week* **A** **T** *For longer* **A** **Y**

SWITZERLAND
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UK
UAE
ISRAEL
MEXICO
THE PHILIPPINES
BRAZIL

CHABLÉ MAROMA

Recharge your batteries in **MEXICO** at a resort that borrows from ancient Mayan wisdom in everything from its menus to its spa treatments, while benefitting from native flora and fauna beyond compare



Paradise awaits at the end of a small, unassuming dirt road on Mexico's Riviera Maya, home to awe-inspiring archeological sites, the second-largest coral reef in the world, bathwater-warm turquoise water – and the wellness-meets-beach haven that is Chablé Maroma.

A sense of balance and harmony pervades each of the resort's 70 spacious stone casitas, highlights of which include indoor-outdoor showers, private pools framed by lush foliage, hand-carved sinks and woven artworks. The spa is a major draw, offering a host of pampering treatments inspired by ancient Mayan rituals, many of which make

use of flower petals, heady essential oils, coffee, clay and tobacco scrubs and local quartz crystals. Skin – and frazzled nerves – smoothed, it's time to kick back and soak up some sun on the beach – all palm trees and fine, powdery white sand – or flitting between the infinity pool and Jacuzzi.

Menus across the three restaurants impress, from breakfast huevos rancheros to round-the-clock ceviche, but fine-diner Bu'ul (Mayan for 'bean') tops our list, with artful dishes such as suckling pig with beans and sweet potato purée showcasing chef Jorge Vallejo's considerable talent. **JA. Casitas** from £400pn. 00 52 998 387 0046, chablehotels.com

Words by Julie Alpine and Blossom Green
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