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Wellness golf: architect to create new kind of playing experience













By Andrew Manns 21 Dec 2018



The new golf course will be located near an ancient Mayan forest on the grounds of a 19th-century manor. / Courtesy of Chablé Resort

Landscape architect Agustín Pizá has designed a 'wellness golf' experience in Yucatán, Mexico.

Pizá's golf course, which will be located at Chablé Resort - a 750-acre spa retreat. situated on a centuries-old hacienda near Mérida - will facilitate a no-frills, meditative atmosphere.

According to Pizá, players will be encouraged to "expand beyond" the game's "mental and physical aspects" and connect to it on a "spiritual, emotional, and environmental level".

Guests will also be allowed to play barefoot and will be free to choose the number of rounds they want to play.

The course will comprise nine tee boxes spanning up to 200 yards in distance, as well as 4 greens with multiple pins and hazards.

In a statement, Rocco Boya, general manager at Chablé said: "The idea behind 'Wellness Golf' was to create a unique space at Chable for quests to further connect with the natural elements while enjoying one of the most popular pastimes in the world.

"The grass sculpture by Pizá Golf offers guests the perfect environment to enjoy a game of golf with individual wellness at the forefront."

In a recent social media post, Pizá, who has previously spoken of golf courses as "living beings", said: "We should think of our golf courses as multifunctional platforms for all the family to enjoy and appreciate."

In a post from 2015, he wrote that players should see the sport as an activity that "develops virtues and core values for society".

The course is set to launch in January 2019.