

CADILLAC MAGAZINE

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A WELL-DRIVEN LIFE



CT6 V-SPORT

BOLD FORM, POWERFUL FUNCTION

PEAK PERFORMANCE

DR. MARCUS ELLIOTT'S ATHLETIC
LONGEVITY LAB

HEALING WATERS

The Mayans considered freshwater cenotes to be sacred, spiritual places. At Chablé, a chic new resort on Mexico's Yucatán peninsula, one such sinkhole provides a spectacular setting for a holistic Mayan-themed spa with 15 treatment rooms, a saltwater floatarium, and three *temazcals*, where you can undergo cleansing rituals with a shaman. The property's 38 casitas and two villas are scattered on 750 lush acres with a restored hacienda as a social hub. And if your idea of health and wellness involves wining and dining, you can indulge in gourmet Mexican cuisine and sample from a specially curated list of tequilas. —LAURIE KAHLE



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ALFREDO AZAR

