

TATLER

TRAVEL

The 7 best spas in the world for 2018

The seven most exceptional spas in the world



by TATLER

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Introducing the best spas in the world – the winners of the Tatler Spa Awards 2018, in association with Healing Holidays and ESPA. Time to get booking your spa getaway!

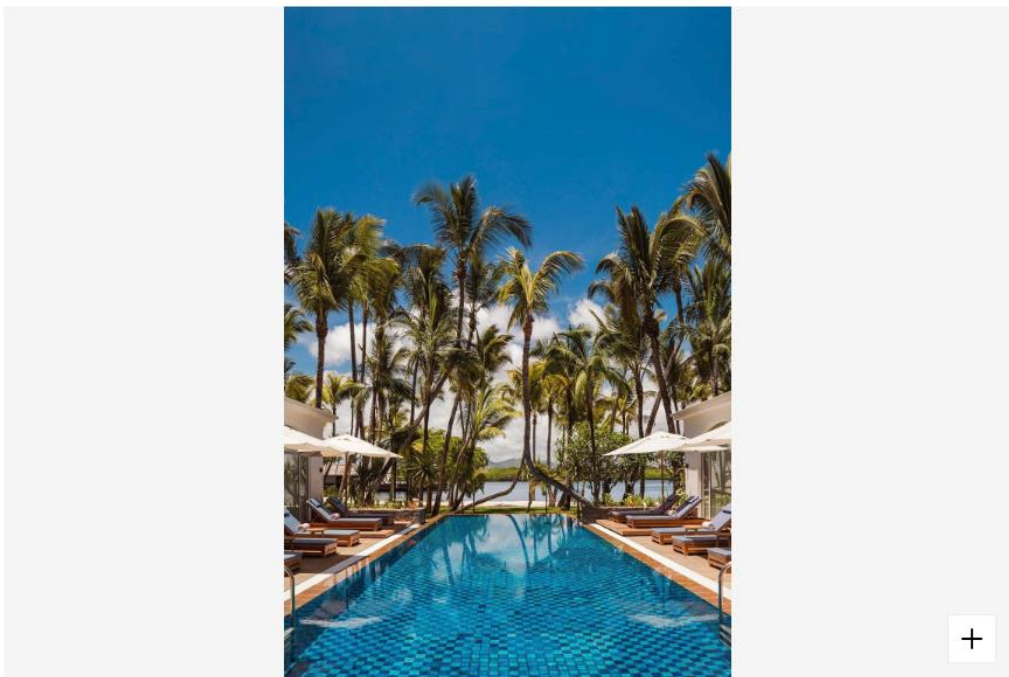


SHA Wellness Clinic, Spain

Tatler Spa Award Winner 2018: Holistic Hero

This sleek spa in southern Spain offers an allround overhaul – and it's easy to get to, which is a bonus. There is no better place to gain a deep and practical understanding about how your mind affects your body.

shawellnessclinic.com



One&Only Le Saint Géran, Mauritius

Tatler Spa Award Winner 2018: Happy Families

This hotel has long been a *Tatler* favourite but has now undergone a dazzling revamp, which makes us love it more than ever. The beautiful spa has chakra-balancing ESPA treatments, and there are massages on the resort's chic yacht, plus endless activities to keep the whole clan happy.

oneandonlyresorts.com/mauritius



BollAnts Spa im Park, Germany

Tatler Spa Award Winner 2018: Pure Genius

This family-run spa packs a powerful punch: a blend of fasting, fitness and fabulous mud treatments to boost immunity and circulation. It will give you a down-to-earth detox, inside and out.

bollants.de



Kurhotel Skodsborg, Denmark

Tatler Spa Award Winner 2018: Natural High

Kundalini yoga, physio massages, Paleo food, tattooed Adonises – and the shocking contrast of intense sauna followed by a plunge into the icy waters off Denmark's coast – this sort of extreme spa behaviour had our name written all over it. It's a jump-start for the broken down.

skodsborg.dk



Cliveden, England

Tatler Spa Award Winner 2018: Classic Beauty

This is a British classic – a hotel as famous for its history as its beautiful rooms and stunning location. And the new spa has taken it to another level, with excellent treatments in a calm, gizmo-free zone.

clivedenhouse.co.uk

CREDIT: DAVID BOSTOCK



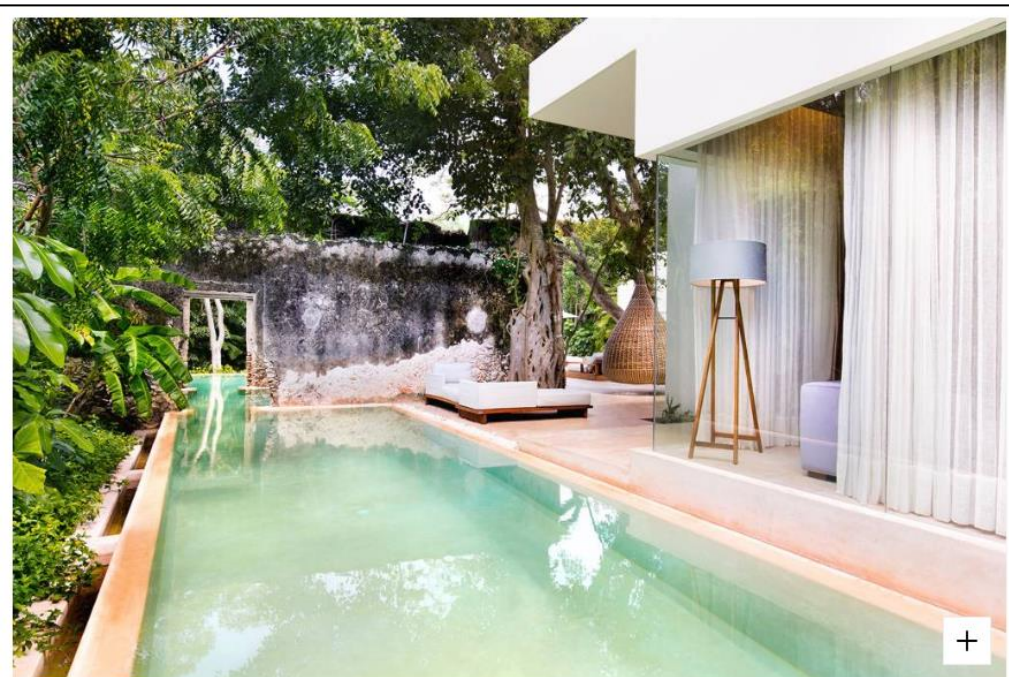
Les Prés d'Eugénie, France

Tatler Spa Award Winner 2018: Clean Break

A beautiful, calming, cossetting temple to wellness and water that also happens to serve the most extraordinary (low-calorie) food you will ever eat. It can transform you in just three days with barely any effort on your part. Our kind of spa!

michelguerard.com

CREDIT: YOAN CHEVOJON



Chable, Mexico

Tatler Spa Award Winner 2018: Mayan Gold

This spa is built around a sacred cenote, a sultry, spicy, healing oasis surrounded by glorious jungle gardens that are alive with fluttering butterflies, tropical birds and twitchy-eyed iguanas. The whole place is a life-affirming love letter to nature.

chableresort.com

CREDIT: KENNY VIESE