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APR 30, 2018 @ 11:05 AM 5 min read

How to Make Her Mother's Day: 8 Life-Changing Escapes for Mom



Ann Abel, CONTRIBUTOR

I know the difference between expensive travel and the truly luxurious. FULL BIO

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Sure, you could buy flowers or book a fancy brunch. But if you want to ramp up your Mother's Day game this year, consider these adventures in cooking, adventure, wellness and wine.



Mind, Body & Spiritual Wellness retreat at Chablé, Mexico

In addition to keeping a team of skilled practitioners on staff, this chic [new wellness resort](#) in the interior of the Yucatán organizes retreats with visiting masters throughout the year. Just in time for an early Mother's Day escape is this wellness triple-header, hosted by astrologer, Tarot diviner and Vinyasa yoga teacher Tara Jade Nichols May 4–13.